Dr Mehreen Hassan Bhat

General Practitioner. MBBS, MRCGP (2024)

zuvio
mehreen@zuvio.co.uk
zuvio.co.uk
Birmingham

GP with MRCGP (2024), trained on the Southend scheme and currently salaried at Northwood and Alvechurch Medical Centre. Earlier hospital experience in care of the elderly and clinical oncology. Consults in English, Urdu and Hindi. Open to locum sessions, salaried roles and private clinic work across Birmingham and the West Midlands.

Registration and memberships

- General Medical Council: full registration with a licence to practise.
- Medical Council of India: registered.
- Member of the Royal College of General Practitioners and the British Medical Association.

Experience

Mar 2025 to now
Salaried GP, Northwood and Alvechurch Medical Centre
Four sessions a week.

Sep 2024 to Feb 2025
Salaried GP, Highlands Surgery, Leigh-on-Sea
Four sessions a week.

Aug 2018 to Aug 2024
GP specialty training, Southend GP training scheme (part time)
Primary care placements with six-month hospital rotations in psychiatry, paediatrics, obstetrics and gynaecology, and emergency medicine.

Mar 2017 to Jul 2018
Clinical fellow, care of the elderly, Southend Hospital
Caseload of older patients with dementia, frailty and polypharmacy, with a focus on function and quality of life.

Mar to Jul 2016
Clinical oncology, Guy's and St Thomas' Hospital, London
Direct patient care, multidisciplinary team meetings, tumour boards and treatment planning.

Jan to Feb 2016
Observership, care of the elderly, Charing Cross Hospital, London

Jul 2011 to Aug 2012
Foundation training, Government Medical College, Srinagar
Rotations in internal medicine, surgery, paediatrics and obstetrics.

Education

- MBBS, University of Dhaka, December 2010.
- All professional exams passed at the first attempt, with honours in anatomy, physiology and biochemistry.

Languages

- English, Urdu and Hindi.

Skills

- Clinical assessment, differential diagnosis and evidence-based management.
- Consultations in person and by telephone.
- Working across multidisciplinary teams, including supporting junior colleagues.

Audit, quality improvement and posters

- Lead author of a British Geriatrics Society poster on the use of DOACs in non-valvular atrial fibrillation.
- Audit and quality improvement projects in primary and secondary care.

Feedback

> Excellent bedside manners, calm and competent.
>
> Colleague

> Mehreen has excellent communication skills and knowledge. She communicates with patients and colleagues exceptionally well.
>
> Colleague

> She was professional, caring and patient. I felt listened to and my questions and concerns were addressed with compassion.
>
> Patient feedback